



Sprouting Healthy Kids in Early care and Education Settings



Date: September 8, 2016
Time: 9:00 a.m. – 4:00 p.m.

Location: 1130 N 11th Avenue, Hanford, CA 93230

AGENDA

Overview

The in-person workshop is intended to provide an overview of, and resources for, assessing the early care and education nutrition and physical activity (PA) environment and developing healthy site nutrition and PA policies and practices.

Who should attend?

The training is intended for LIA staff that support direct care providers in early care and education settings.

Activities

8:30 a.m. – 9:00 a.m.

Welcome/Check-in

9:00 a.m. – 12:00 p.m.

- Healthy site assessment tools
- Components of a healthy site policy
- Developing a best practices-based, healthy site policy

12:00 p.m. – 1:00 p.m.

LUNCH

1:00 p.m. – 4:00 p.m.

Painting Preschool Playgrounds for Movement (Stencil Kit)